

# The compass of my success



Target audience: 2nd cycle of Secondary school and general adult education

This exercise will allow you to question your personal values and identify those which will become the compass of your professional aspirations and your future plans.

# In the list below, identify the 8 values that best represent you.

Ambit	ion	Audacity	Compassion	Confidence	Creativity	Overcoming
Enviro	nment	<b>Mutual Aid</b>	Family	Imagination	Independence	Justice
Obser	vation	Peace	Perseverance	Pleasure	Caution	Protection
Respe	ct	Responsibility	Spirituality	Rigor	Risk	Wisdom
Safety		Solidarity	Accomplishment	Success	Truth	Will

# TO MAKE IT HAPPEN, ASK YOURSELF THE FOLLOWING QUESTIONS:

- What are the main traits of my personality?
- What is really important to me in life?
- What do I believe in?

# TEST

You can, if you wish, take your analysis further by completing (\*) <u>the 19 values test</u> by psychologist Shalom H. Schwartz (which you can easily find on Google).

### Review your results with an adult to make sure you understand all the terms used!





An activity created by:



*Réussite - Accomplissement - Persévérance* 

SRÉPAS

**CONSEIL RÉGIONAL DE PRÉVENTION DE L'ABANDON SCOLAIRE** SAGUENAY-LAC-SAINT-JEAN

# THE COMPASS OF MY SUCCESS 2

### Give your own definition of each of the 8 values you identified.

# Your values can help you think about your destination.

What career would you like to explore or pursue later?

(Take inspiration from your passions or what you like to do in life).

In your opinion, does this career reflect your values? Why?

(Example: By becoming a nurse, I will be in line with my values of mutual aid and compassion, but I will have to work on my desire for security, because it is a job full of surprises...)



There may be **careers out there that you haven't even thought of yet**, and that are a perfect match for your values! **Your school's guidance counsellor** can help you make a career choice that's in line with your aptitudes and skills, and guide you along the path to success! **Don't hesitate to consult them!**