

OUR ACTIONS, A IN THEIR SUCCESS



Helping our little ones thrive and enjoy learning.

Early reading



Healthy lifestyle habits



Games



Affection and sense of security



Self-esteem



My personal



My name: _____



Message to parents

You're a + in your child's life!

Here are a few simple things you can do on a daily basis to help your child thrive:

- + Read and tell stories
- + Cook and eat as a family
- + Ask questions about their day
- + Dance to the beat of the music
- + Tickle and hug
- + Congratulate efforts and learning
- + Explore the park and the neighbourhood
- + Sing nursery songs and invent rhymes
- + Play outside
- + Give them a chance to meet other children
- + Go to the library
- + Ask about the colours, shapes, flavours and textures of food
- + Encourage them to feed, dress and wash themselves
- + Console them when they're upset
- + Help them express their needs and emotions
- + Play games that require patience (puzzles, board games)
- + Give them the opportunity to make choices

Game zone

Colours and shapes



Emotions



Animals



alligator elephant giraffe kangaroo lion bear penguin zebra

Numbers



For more ideas

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Inspired by an initiative of the Regroupement lavallois pour la réussite éducative